

Session	Speaker_Details	Points from the Organizer	Date	Time
Day1				
Forum Opening	All speakers are invited		18th Mon	Sydney 9:30-9:45 / Japan 7:30-7:45 / Beijing 6:30-6:45 / Indonesia 5:30-5:45 / India 4:00-4:15 / Dubai 2:30-2:45 / Turkey,Riyadh 1:30-1:45 / South Africa 0:30-0:45
			17th Sun	Central Europe 23:30-23:45 / UK 22:30-22:45 / Santiago,Brazilia 19:30-19:45 / New York 17:30-17:45 / Mexico 16:30-16:45
Panel : Mental Health and Wellbeing	1. Dr Anastasia Hronis Clinical Psychologist, Author 2. Benny Prawira Independent Social Behavioral Researcher Global Mental Health Advocate 3. Naoko Okumoto Founder and Managing Partner of Niremia Collective	Dr. Hronis presents an approach from clinical psychology, while Benny offers a perspective from public health on mental health. Naoko contributes a viewpoint as the CEO of an investment firm focused on wellbeing tech in the mental health field.	18th Mon	Sydney 9:45-11:00 / Japan 7:45-9:00 / Beijing 6:45-8:00 / Indonesia 5:45-7:00 / India 4:15-5:30 / Dubai 2:45-4:00 / Turkey,Riyadh 1:45-3:00 / South Africa 0:45-2:00
			17th Sun	Central Europe 23:45-1:00 / UK 22:45-0:00 / Santiago, Brazilia 19:45-21:00 / New York 17:45-19:00 / Mexico 16:45-18:00
Keynote : Diversity and inclusion and Wellbeing	Muhammad Rezki Achyana Disability Rights Advocate Founder & CEO at The TamTam Therapy Centre and Parakerja	Discussing how inclusive employment can enhance societal wellbeing by creating opportunities for people with disabilities.	18th Mon	Sydney 11:30-12:15 / Japan 9:30-10:15 / Beijing 8:30-9:15 / Indonesia 7:30-8:15 / India 6:00-6:45 / Dubai 4:30-5:15 / Turkey,Riyadh 3:30-4:15 / South Africa 2:30-3:15
			17th Sun	Central Europe 1:30-2:15 / UK 0:30-1:15 / Santiago, Brazilia 21:30-22:15 / New York 19:30-20:15 / Mexico 18:30-19:15
Keynote : Industry and Wellbeing	Donoue Ken Ecotone CEO / Wellbeing media Chief Editor	Presented by the president and editor-in-chief of Japan's leading wellbeing media outlet, offering insights into wellbeing practices in human capital management, and highlighting wellbeing tech startups.	18th Mon	Sydney 12:30-13:15 / Japan 10:30-11:15 / Beijing 9:30-10:15 / Indonesia 8:30-9:15 / India 7:00-7:45 / Dubai 5:30-6:15 / Turkey,Riyadh 4:30-5:15 / South Africa 3:30-4:15
			17th Sun	Central Europe 2:30-3:15 / UK 1:30-2:15 / Santiago, Brazilia 22:30-23:15 / New York 20:30-21:15 / Mexico 19:30-20:15
Open discussion on Principles of Wellbeing	All speakers are invited	This is where we hope to discuss and potentially determine key principles of wellbeing.	18th Mon	Sydney 13:15-13:35 / Japan 11:15-11:35 / Beijing 10:15-10:35 / Indonesia 9:15-9:35 / India 7:45-8:05 / Dubai 6:15-6:35 / Turkey,Riyadh 5:15-5:35 / South Africa 4:15-4:35
			17th Sun	Central Europe 3:15-3:35 / UK 2:15-2:35 / Santiago, Brazilia 23:15-23:35 / New York 21:15-21:35 / Mexico 20:15-20:35
Keynote : AI for Wellbeing	Kazuo Yano PhD (Engineering), IEEE Fellow CEO, Happiness Planet Inc. Fellow, Hitachi, Ltd.	Kazuo, a pioneer in AI that promotes wellbeing, introduces the concept of 'Amplified Humanity.'	18th	Sydney 16:00-17:00 / Japan 14:00-15:00 / Beijing 13:00-14:00 / Indonesia 12:00-13:00 / India 10:30-11:30 / Dubai 9:00-10:00 / Turkey,Riyadh 8:00-9:00 / South Africa 7:00-8:00 / Central Europe 6:00-7:00 / UK 5:00-6:00 / Santiago,Brazilia 2:00-3:00 / New York 0:00-1:00 / Mexico 23:00-0:00 (17th)
Keynote : Beyond GDP and Wellbeing	Dr Stefano Bartolini Professor of Political Economy and Statics Author of Ecology of Happiness	Stefano, an economist proposes urban policy designs centered on wellbeing, offering alternative measures to GDP.		Sydney 18:00-19:00 / Japan 16:00-17:00 / Beijing 15:00-16:00 / Indonesia 14:00-15:00 / India 12:30-13:30 / Dubai 11:00-12:00 / Turkey,Riyadh 10:00-11:00 / South Africa 9:00-10:00 / Central Europe 8:00-9:00 / UK 7:00-8:00 / Santiago,Brazilia 4:00-5:00 / New York 2:00-3:00 / Mexico 1:00-2:00
Panel : Compassion and Wellbeing	1.Jennifer Nadel Director, Co-Founder of Compassion in Politics 2. Dr. Ana Beatriz Moreno Coutiño Professor at the Faculty of Psychology at the National Autonomous University of Mexico	A case study from the think tank Compassion in Politics, led by UK journalist and bestselling author Jennifer, and an approach to compassion from a scientific and psychological perspective by Dr. Ana, the only practitioner in Mexico in this field.		Sydney 20:00-21:15 / Japan 18:00-19:15 / Beijing 17:00-18:15 / Indonesia 16:00-17:15 / India 14:30-15:45 / Dubai 13:00-14:15 / Turkey,Riyadh 12:00-13:15 / South Africa 11:00-12:15 / Central Europe 10:00-11:15 / UK 9:00-10:15 / Santiago,Brazilia 6:00-7:15 / New York 4:00-5:15 / Mexico 3:00-4:15
Open discussion on Principles of Wellbeing	Jennifer All speakers are invited	This is where we hope to discuss and potentially determine key principles of wellbeing.		Sydney 21:15-21:35 / Japan 19:15-19:35 / Beijing 18:15-18:35 / Indonesia 17:15-17:35 / India 15:45-16:05 / Dubai 14:15-14:35 / Turkey,Riyadh 13:15-13:35 / South Africa 12:15-12:35 / Central Europe 11:15-11:35 / UK 10:15-10:35 / Santiago,Brazilia 7:15-7:35 / New York 5:15-5:35 / Mexico 4:15-4:35

Panel : Indigenous Wisdoms and Wellbeing	1. Grandmother Ana Luisa Solis Gil From the land of Comalcalco, Tabasco, Mexico. A pilgrim woman of time. A medicine woman. (Interpreter : Antonio) 2 Eva Blake Advisory committee member of the Massachusetts Center for Native American Awareness	Grandmother Ana shares the wisdom of living in deep connection with nature, rooted in Mexico's Maya heritage. Eva introduces efforts to preserve Native American culture and languages. Together, they explore wisdom outside the mainstream societal frameworks, offering insights for building a wellbeing-centered society.	19th Mon	Sydney 22:15-23:30 / Japan 20:15-21:30 / Beijing 19:15-20:30 / Indonesia 18:15-19:30 / India 16:45-18:00 / Dubai 15:15-16:30 / Turkey,Riyadh 14:15-15:30 / South Africa 13:15-14:30 / Central Europe 12:15-13:30 / UK 11:15-12:30 / Santiago,Brazilia 8:15-9:30 / New York 6:15-7:30 / Mexico 5:15-6:30
Panel : Sustainability and Wellbeing	1. Rodrigo Vieira da Cunha Journalist, CEO of Profile 2. Dr. Sabita Madhvi Singh Ministry of Jal Shakti Scientist	Rodrigo, who has been engaged in sustainable practices since the early days within the banking sector and now leads sustainable initiatives in the Amazon, Brazil, joins Dr. Sabita in dialogue. Dr. Sabita, from the government sector, focuses on improving river environments to secure access to safe water.		Sydney 0:00-1:00 (19th) / Japan 22:00-23:00 / Beijing 21:00-22:00 / Indonesia 20:00-21:00 / India 18:30-19:30 / Dubai 17:00-18:00 / Turkey,Riyadh 16:00-17:00 / South Africa 15:00-16:00 / Central Europe 14:00-15:00 / UK 13:00-14:00 / Santiago,Brazilia 10:00-11:00 / New York 8:00-9:00 / Mexico 7:00-8:00
Panel : Wellbeing as a Whole	1. Ece Vahapoğlu Wellness&Yoga Trainer/ Author/ Lifestyle Digital Creator 2. Dr. Lorenzo Martínez Martínez de la Escalera, Engineer, Innovator, and Founder.	A dialogue between Eve, a prominent wellness opinion leader and author from Turkey, and Dr. Lorenzo, an expert in global energy conservation on a macro scale and the body's energy on a micro scale.		Sydney 1:10-2:25 (19th)/ Japan 23:10-0:25 / Beijing 22:10-23:25 / Indonesia 21:10-22:25 / India 19:40-20:55 / Dubai 18:10-19:25 / Turkey,Riyadh 17:10-18:25 / South Africa 16:10-17:25 / Central Europe 15:10-16:25 / UK 14:10-15:25 / Santiago,Brazilia 11:10-12:25 / New York 9:10-10:25 / Mexico 8:10-9:25
Day2				
Keynote: The Nexus of Sustainability and Wellbeing	Dr. Michael Ben-Eli The Sustainability Laboratory	A systems thinker presents an alternative approach to sustainability, distinct from the SDGs, and introduces five key principles of sustainability.	19th	Sydney 14:20-14:50 / Japan 12:20-12:50 / Beijing 11:20-11:50 / Indonesia 10:20-10:50 / India 8:50-9:20 / Dubai 7:20-7:50 / Turkey,Riyadh 6:20-6:50 / South Africa 5:20-5:50 / Central Europe 4:20-4:50 / UK 3:20-3:50 / Santiago,Brazilia 0:20-0:50 / New York 22:20-22:50 (18th) / Mexico 21:20-21:50 (18th)
Open discussion	Michael (All speakers are invited)	Connecting personal wellbeing with planetary sustainability—this may be the path to creating a truly wellbeing-centered society.		Sydney 14:50-15:00 / Japan 12:50-13:00 / Beijing 11:50-12:00 / Indonesia 10:50-11:00 / India 9:20-9:30 / Dubai 7:50-8:00 / Turkey,Riyadh 6:50-7:00 / South Africa 5:50-6:00 / Central Europe 4:50-5:00 / UK 3:50-4:00 / Santiago,Brazilia 0:50-1:00 / New York 22:50-23:00 (18th) / Mexico 21:50-22:00 (18th)
Open discussion on Principles of Wellbeing	All speakers are invited	This is where we hope to discuss and potentially determine key principles of wellbeing.		Sydney 15:00-15:20 / Japan 13:00-13:20 / Beijing 12:00-12:20 / Indonesia 11:00-11:20 / India 9:30-9:50 / Dubai 8:00-8:20 / Turkey,Riyadh 7:00-7:20 / South Africa 6:00-6:20 / Central Europe 5:00-5:20 / UK 4:00-4:20 / Santiago,Brazilia 1:00-1:20 / New York 23:00-23:20 (18th) / Mexico 22:00-22:20 (18th)
Second day gathering and opening	All speakers are invited			Sydney 15:20-15:25 / Japan 13:20-13:25 / Beijing 12:20-12:25 / Indonesia 11:20-11:25 / India 9:50-9:55 / Dubai 8:20-8:25 / Turkey,Riyadh 7:20-7:25 / South Africa 6:20-6:25 / Central Europe 5:20-5:25 / UK 4:20-4:25 / Santiago,Brazilia 1:20-1:25 / New York 23:20-23:25 (18th) / Mexico 22:20-22:25 (18th)
G20 Wellbeing Leaders Forum 2025 South Africa	Heartfulness Organisation South Africa Dion Devan Leecian Moki	The 2025 forum is scheduled to be held in South Africa, alongside the G20 Summit.		Sydney 15:40-16:15 / Japan 13:40-14:15 / Beijing 12:40-13:15 / Indonesia 11:40-12:15 / India 10:10-10:45 / Dubai 8:40-9:15 / Turkey,Riyadh 7:40-8:15 / South Africa 6:40-7:15 / Central Europe 5:40-6:15 / UK 4:40-5:15 / Santiago,Brazilia 1:40-2:15 / New York 23:40-0:15 (18th) / Mexico 22:40-23:15 (18th)
Meditation	Heartfulness Organisation South Africa			Sydney 16:15-16:25 / Japan 14:15-14:25 / Beijing 13:15-13:25 / Indonesia 12:15-12:25 / India 10:45-10:55 / Dubai 9:15-9:25 / Turkey,Riyadh 8:15-8:25 / South Africa 7:15-7:25 / Central Europe 6:15-6:25 / UK 5:15-5:25 / Santiago,Brazilia 2:15-2:25 / New York 0:15-0:25 (18th) / Mexico 23:15-23:25 (18th)
Keynote: Entrepreneurship and Wellbeing	Majd Mashharawi Founder, CEO at SunBox	After losing her business in Gaza, Majd has boldly reestablished herself in Saudi Arabia as an entrepreneur.		Sydney 17:00-17:45 / Japan 15:00-15:45 / Beijing 14:00-14:45 / Indonesia 13:00-13:45 / India 11:30-12:15 / Dubai 10:00-10:45 / Turkey,Riyadh 9:00-9:45 / South Africa 8:00-8:45 / Central Europe 7:00-7:45 / UK 6:00-6:45 / Santiago,Brazilia 3:00-3:45 / New York 1:00-1:45 / Mexico 0:00-0:45

Panel : Our futures and Wellbeing	1. I Putu Wiraguna Local innovation Catalyst Social entrepreneur 2. Vaitea Cowen Cofounders of Enapter TED Speaker / Forbes 30 under 30 3. Jin Young Lim Co-Founder of the Spawo Foundation	Wira, who manages three social enterprises in sustainable education and tourism that support local small businesses; Vaitea, a social entrepreneur recognized for her TED talk "How green hydrogen could end the fossil fuel era" and inclusion in Forbes 30 Under 30; and Jin, author of the notable book "The Dao of Flow," engage in a dialogue about "Our Futures."	Tue	Sydney 18:30-20:00 / Japan 16:30-18:00 / Beijing 15:30-17:00 / Indonesia 14:30-16:00 / India 13:00-14:30 / Dubai 11:30-13:00 / Turkey,Riyadh 10:30-12:00 / South Africa 9:30-11:00 / Central Europe 8:30-10:00 / UK 7:30-9:00 / Santiago,Brazilia 4:30-6:00 / New York 2:30-4:00 / Mexico 1:30-3:00
Keynote : Preventive Healthcare and Wellbeing	Dr Anuschka Coovadia South African doctor, economist, actuarially trained consultant and entrepreneur	Anuschka, both a medical doctor and an economist, is leading efforts to reshape the hospital system to focus on preventive healthcare management.		Sydney 20:30-21:15 / Japan 18:30-19:15 / Beijing 17:30-18:15 / Indonesia 16:30-17:15 / India 15:00-15:45 / Dubai 13:30-14:15 / Turkey,Riyadh 12:30-13:15 / South Africa 11:30-12:15 / Central Europe 10:30-11:15 / UK 9:30-10:15 / Santiago,Brazilia 6:30-7:15 / New York 4:30-5:15 / Mexico 3:30-4:15
Keynote : 2030 Vision : A Saudi Arabia Wellbeing Initiative	Nisreen Baitalmal ICF Professional Certified Coach Holistic Coach Mentor TOT by ROUND Dr Reham	Saudi Arabia's 2030 Vision, championed by the royal leadership, offers insights into building a wellbeing-centered society. Nisreen, also a certified coach, provides an overview.		Sydney 21:30-22:15 / Japan 19:30-20:15 / Beijing 18:30-19:15 / Indonesia 17:30-18:15 / India 16:00-16:45 / Dubai 14:30-15:15 / Turkey,Riyadh 13:30-14:15 / South Africa 12:30-13:15 / Central Europe 11:30-12:15 / UK 10:30-11:15 / Santiago,Brazilia 7:30-8:15 / New York 5:30-6:15 / Mexico 4:30-5:15
Open discussion on Principles of Wellbeing	All speakers are invited	This is where we hope to discuss and potentially determine key principles of wellbeing.		Sydney 22:15-22:35 / Japan 20:15-20:35 / Beijing 19:15-19:35 / Indonesia 18:15-18:35 / India 16:45-17:05 / Dubai 15:15-15:35 / Turkey,Riyadh 14:15-14:35 / South Africa 13:15-13:35 / Central Europe 12:15-12:35 / UK 11:15-11:35 / Santiago,Brazilia 8:15-8:35 / New York 6:15-6:35 / Mexico 5:15-5:35
Panel: Organisation and Wellbeing	1. Aurelie Litynski Positive Work Culture Expert Founder of Happitude at work GmbH TEDx Speaker Chief Happiness & Wellbeing Officer 2. Fangdi Pan Fangdi Pan Strategic partnership manager at Google	As a Chief Wellbeing Officer, Aurelie consults with companies on positive leadership and wellbeing. She engages in dialogue with Pan, who brings firsthand experience in corporate wellbeing from her work at Accenture and Google.		Sydney 0:00-1:00 (20th) / Japan 22:00-23:00 / Beijing 21:00-22:00 / Indonesia 20:00-21:00 / India 18:30-19:30 / Dubai 17:00-18:00 / Turkey,Riyadh 16:00-17:00 / South Africa 15:00-16:00 / Central Europe 14:00-15:00 / UK 13:00-14:00 / Santiago,Brazilia 10:00-11:00 / New York 8:00-9:00 / Mexico 7:00-8:00
Open Discussion: Define Wellbeing	All speakers are invited	This is where we hope to discuss and potentially determine definition of wellbeing.	19th Tue	Sydney 1:00-1:20 (20th) / Japan 23:00-23:20 / Beijing 22:00-22:20 / Indonesia 21:00-21:20 / India 19:30-19:50 / Dubai 18:00-18:20 / Turkey,Riyadh 17:00-17:20 / South Africa 16:00-16:20 / Central Europe 15:00-15:20 / UK 14:00-14:20 / Santiago,Brazilia 11:00-11:20 / New York 9:00-9:20 / Mexico 8:00-8:20
Panel : Mental health and Wellbeing	1. Dr. Josephine M. Kim Senior Lecturer at Harvard or Harvard Graduate School of Education 2. Dr Sanwita Shaiwalini Wellness Advocate and Geography Faculty at Ranchi University	Dr. Kim, a Senior Lecturer at Harvard Graduate School and a licensed mental health counselor, is known for her expertise in inclusive policy from a race perspective. Dr. Sanwita, working at the grassroots level in rural India, is dedicated to preventing suicide and addiction among villagers.	20th Wed 19th Tue	Sydney 2:00-3:15 / Japan 0:00-1:15 / Beijing 23:00-0:15 Indonesia 22:00-23:15 / India 20:30-21:45 / Dubai 19:00-20:15 / Turkey,Riyadh 18:00-19:15 / South Africa 17:00-18:15 / Central Europe 16:00-17:15 / UK 15:00-16:15 / Santiago,Brazilia 12:00-13:15 / New York 10:00-11:15 / Mexico 9:00-10:15
Day3				
Panel : Personal Transformation and Wellbeing	1. Ilker Çaglayan Founder of Habit Holistic Transformation Nutrition, Exercise, Mind 2. Ichiro Takahashi Researcher, mentor, retreat leader, musician and Dharma practitioner	Ilker, an influencer with a background in both Western and Eastern nutrition, advocates for a holistic approach to a healthy lifestyle. Ichiro hosts retreats that cultivate conscious leadership.	20th Wed 19th Tue	Sydney 6:15-7:30 / Japan 4:15-5:30 / Beijing 3:15-4:30 / Indonesia 2:15-3:30 / India 0:45-2:00 Dubai 23:15-0:30 / Turkey,Riyadh 22:15-23:30 / South Africa 21:15-22:30 / Central Europe 20:15-21:30 / UK 19:15-20:30 / Santiago,Brazilia 16:15-17:30 / New York 14:15-15:30 / Mexico 13:15-14:30
Open Discussion : Make		This is where we hope to discuss and potentially	20th Wed	Sydney 7:30-8:45 / Japan 5:30-6:45 / Beijing 4:30-5:45 / Indonesia 3:30-4:45 / India 2:00-3:15 / Dubai 0:30-1:45

Make principles of Wellbeing together	All speakers are invited	discuss and potentially determine key principles of wellbeing.	19th Tue	Turkey, Riyadh 23:30-0:45 / South Africa 22:30-23:45 / Central Europe 21:30-22:45 / UK 20:30-21:45 / Santiago, Brazilia 17:30-18:45 / New York 15:30-16:45 / Mexico 14:30-15:45
Closing	All speakers are invited		20th Wed	Sydney 8:45-9:00 / Japan 6:45-7:00 / Beijing 5:45-6:00 / Indonesia 4:45-5:00 / India 3:15-3:30 / Dubai 1:45-2:00
			19th Tue	Turkey, Riyadh 0:45-1:00 / South Africa 23:45-0:00 / Central Europe 22:45-23:00 / UK 21:45-22:00 / Santiago, Brazilia 18:45-19:00 / New York 16:45-17:00 / Mexico 15:45-16:00
				Sydney (AEDT, GMT+11) Japan time (JST, GMT+9) Beijing (CST, GMT+8) Indonesia (WIB, GMT+7) India time (IRT, GMT+5:30) Dubai (GST, GMT+4) Turkey/Riyadh (TRT, GMT+3) South Africa (SAST, GMT+2) Central Europe (CET, GMT+1) UK time (GMT) Santiago, Brazilia (BRT, GMT-3) New York (EST, GMT-5) Mexico City (CST, GMT-6)

Nov 11 Mon 22:00 Version : haven't fully confirmed

Title	Speaker		Japan time (JST)	UK time (GMT)	Centra l Europ e (CET)	South Africa (SAST)	Turkey /Riyad h (TRT)	Dubai (GST)	India time (IRT)	Indone sia (WIB)	Beijing (CST)	Sydne y (AEDT)	Mexic o city (CST)	New york (EST)	Santia go Chile/ Brazil ia (BRT)	Moderat or	
			18th (Mon)	17th Nov (Sun)	18th November (Mon)								17th Nov (Sun)				
Forum Opening	All speakers are invited		7:30	22:30	23:30	0:30	1:30	2:30	4:00	5:30	6:30	9:30	16:30	17:30	19:30	Momoe Robert	
Panel : Mental Health and Wellbeing	1. Dr Anastasia Hronis Clinical Psychologist, Author	1h15mi n															
	2. Benny Prawira Independent Social Behavioral Researcher Global Mental Health Advocate																
	3. Naoko Okumoto Founder and Managing Partner of Niremia Collective																
Break		0h30mi n	7:45	22:45	23:45	0:45	1:45	2:45	4:15	5:45	6:45	9:45	16:45	17:45	19:45	Jevlin	
			9:00	0:00	1:00	2:00	3:00	4:00	5:30	7:00	8:00	11:00	18:00	19:00	21:00		
			18th November (Mon)								17th Nov (Sun)						
Keynote : Diversity and inclusion and Wellbeing	Muhammad Rezki Achyana Disability Rights Advocate Founder & CEO at The TamTam Therapy Centre and Parakerja	0h45mi n															
Break		0h15mi n	9:30	0:30	1:30	2:30	3:30	4:30	6:00	7:30	8:30	11:30	18:30	19:30	21:30	Jevlin	
Keynote : Industry and Wellbeing	Donoue Ken Ecotone CEO / Wellbeing media Chief Editor	0h45mi n	10:15	1:15	2:15	3:15	4:15	5:15	6:45	8:15	9:15	12:15	19:15	20:15	22:15		
Open discussion on Principles of Wellbeing	All speakers are invited	0h20mi n	10:30	1:30	2:30	3:30	4:30	5:30	7:00	8:30	9:30	12:30	19:30	20:30	22:30	Vivek	
Break		2h25mi n	11:15	2:15	3:15	4:15	5:15	6:15	7:45	9:15	10:15	13:15	20:15	21:15	23:15	Momoe	
Key Note : AI for wellbeing	Kazuo Yano PhD (Engineering), IEEE Fellow CEO, Happiness Planet Inc. Fellow, Hitachi, Ltd.	0h60mi n	11:35	2:35	3:35	4:35	5:35	6:35	8:05	9:35	10:35	13:35	20:35	21:35	23:35		
Break		0h60mi n															
			14:00	5:00	6:00	7:00	8:00	9:00	10:30	12:00	13:00	16:00	23:00	0:00	2:00	Momoe	
			15:00	6:00	7:00	8:00	9:00	10:00	11:30	13:00	14:00	17:00	0:00	1:00	3:00		
			18th November (Mon)														
Keynote : Beyond GDP and Wellbeing	Dr Stefano Bartolini Professor of Political Economy and Statics Author of Ecology of Happiness	1h0min															
Break		0h60mi n	16:00	7:00	8:00	9:00	10:00	11:00	12:30	14:00	15:00	18:00	1:00	2:00	4:00	Robert	
			17:00	8:00	9:00	10:00	11:00	12:00	13:30	15:00	16:00	19:00	2:00	3:00	5:00		
Panel : Compassion and Wellbeing	1.Jennifer Nadel Director, Co-Founder of Compassion in Politics	1h15mi n															
	2. Dr. Ana Beatriz Moreno Coutiño Professor at the Faculty of Psychology at the National Autonomous University of Mexico																
Open discussion on Principles of Wellbeing	Jennifer All speakers are invited	0h20mi n	18:00	9:00	10:00	11:00	12:00	13:00	14:30	16:00	17:00	20:00	3:00	4:00	6:00	Momoe	
			19:15	10:15	11:15	12:15	13:15	14:15	15:45	17:15	18:15	21:15	4:15	5:15	7:15	Momoe	

Nov 11 Mon 22:00 Version : haven't fully confirmed

Title	Speaker		Japan time (JST)	UK time (GMT)	Central Europe (CET)	South Africa (SAST)	Turkey /Riyadh (TRT)	Dubai (GST)	India time (IRT)	Indonesia (WIB)	Beijing (CST)	Sydney (AEDT)	Mexico city (CST)	New york (EST)	Santiago Chile/ Brazilia (BRT)	Moderator
Break		0h40min	19:35	10:35	11:35	12:35	13:35	14:35	16:05	17:35	18:35	21:35	4:35	5:35	7:35	
Panel : Indigenous Wisdoms and Wellbeing	1. Grandmother Ana Luisa Solis Gil From the land of Comalcalco, Tabasco, Mexico. A pilgrim woman of time. A medicine woman. (Interpreter : Antonio) 2 Eva Blake Advisory committee member of the Massachusetts Center for Native American Awareness	1h15min	20:15	11:15	12:15	13:15	14:15	15:15	16:45	18:15	19:15	22:15	5:15	6:15	8:15	Momoe
Break		0h30min	21:30	12:30	13:30	14:30	15:30	16:30	18:00	19:30	20:30	23:30	6:30	7:30	9:30	
Panel : Sustainability and Wellbeing	1. Rodrigo Vieira da Cunha Journalist, CEO of Profile 2. Dr. Sabita Madhvi Singh Ministry of Jal Shakti Scientist	1h0min	22:00	13:00	14:00	15:00	16:00	17:00	18:30	20:00	21:00	0:00	7:00	8:00	10:00	Momoe
Break		0h10min	23:00	14:00	15:00	16:00	17:00	18:00	19:30	21:00	22:00	1:00	8:00	9:00	11:00	
Panel : Wellbeing as a Whole	1. Ece Vahapoğlu Wellness&Yoga Trainer/ Author/ Lifestyle Digital Creator 2. Dr. Lorenzo Martínez Martínez de la Escalera, Engineer, Innovator, and Founder.	1h15min	23:10	14:10	15:10	16:10	17:10	18:10	19:40	21:10	22:10	1:10	8:10	9:10	11:10	Jevlin
Break			24:25:00	15:25	16:25	17:25	18:25	19:25	20:55	22:25	23:25	2:25	9:25	10:25	12:25	
			19th (Tue)	18th (Mon)	19th November (Tue)								18th Nov (Mon)			
Keynote: The Nexus of Sustainability and Well-being	Dr. Michael Ben-Eli The Sustainability Laboratory	0h30min	12:20	3:20	4:20	5:20	6:20	7:20	8:50	10:20	11:20	14:20	21:20	22:20	0:20	Robert
Open discussion	Michael (All speakers are invited)	0h10min	12:50	3:50	4:50	5:50	6:50	7:50	9:20	10:50	11:50	14:50	21:50	22:50	0:50	Robert
Open discussion on Principles of Wellbeing	All speakers are invited	0h20min	13:00	4:00	5:00	6:00	7:00	8:00	9:30	11:00	12:00	15:00	22:00	23:00	1:00	Momoe
Second day gathering and opening	All speakers are invited	5min	13:20	4:20	5:20	6:20	7:20	8:20	9:50	11:20	12:20	15:20	22:20	23:20	1:20	Momoe
Break		0h15min	13:25	4:25	5:25	6:25	7:25	8:25	9:55	11:25	12:25	15:25	22:25	23:25	1:25	
G20 Wellbeing Leaders Forum 2025 South Africa	Heartfulness Organisation South Africa Dion Devan Leecian Moki	0h35min	13:40	4:40	5:40	6:40	7:40	8:40	10:10	11:40	12:40	15:40	22:40	23:40	1:40	Momoe
Meditation	Heartfulness Organisation South Africa	0h10min	14:15	5:15	6:15	7:15	8:15	9:15	10:45	12:15	13:15	16:15	23:15	0:15	2:15	
Break		0h35min	14:25	5:25	6:25	7:25	8:25	9:25	10:55	12:25	13:25	16:25	23:25	0:25	2:25	
Keynote: Entrepreneurship	Majd Mashharawi Founder, CEO at SunBox	0h45min	15:00	6:00	7:00	8:00	9:00	10:00	11:30	13:00	14:00	17:00	0:00	1:00	3:00	Vivek
Break		0h45min	15:45	6:45	7:45	8:45	9:45	10:45	12:15	13:45	14:45	17:45	0:45	1:45	3:45	

Nov 11 Mon 22:00 Version : haven't fully confirmed

Title	Speaker		Japan time (JST)	UK time (GMT)	Central Europe (CET)	South Africa (SAST)	Turkey /Riyadh (TRT)	Dubai (GST)	India time (IRT)	Indonesia (WIB)	Beijing (CST)	Sydney (AEDT)	Mexico city (CST)	New york (EST)	Santiago Chile/ Brazilia (BRT)	Moderator
19th November (Tue)																
Panel : Our futures and Wellbeing	1. I Putu Wiraguna Local innovation Catalyst Social entrepreneur															
	2. Vaitea Cowen Cofounders of Enapter TED Speaker / Forbes 30 under 30															
	3. Jin Young Lim Co-Founder of the Spawo Foundation	1h30min	16:30	7:30	8:30	9:30	10:30	11:30	13:00	14:30	15:30	18:30	1:30	2:30	4:30	Momoe
Break		0h30min	18:00	9:00	10:00	11:00	12:00	13:00	14:30	16:00	17:00	20:00	3:00	4:00	6:00	
Keynote : Preventive Healthcare and Wellbeing	Dr Anuschka Coovadia South African doctor, economist, actuarially trained consultant and entrepreneur	0h45min	18:30	9:30	10:30	11:30	12:30	13:30	15:00	16:30	17:30	20:30	3:30	4:30	6:30	Momoe
Break		0h15min	19:15	10:15	11:15	12:15	13:15	14:15	15:45	17:15	18:15	21:15	4:15	5:15	7:15	
Keynote : 2030 Vision : A Saudi Arabia Wellbeing Initiative	Nisreen Baitalmal ICF Professional Certified Coach Holistic Coach Mentor TOT by ROUND	0h45min	19:30	10:30	11:30	12:30	13:30	14:30	16:00	17:30	18:30	21:30	4:30	5:30	7:30	Robert
Open discussion on Principles of Wellbeing	Dr Reham	0h45min	19:30	10:30	11:30	12:30	13:30	14:30	16:00	17:30	18:30	21:30	4:30	5:30	7:30	
Open discussion on Principles of Wellbeing	All speakers are invited	0h20min	20:15	11:15	12:15	13:15	14:15	15:15	16:45	18:15	19:15	22:15	5:15	6:15	8:15	Vivek
Break		1h25min	20:35	11:35	12:35	13:35	14:35	15:35	17:05	18:35	19:35	22:35	5:35	6:35	8:35	
19th November (Tue)																
												20th (Wed)	19th November (Tue)			
Panel: Organisation and Wellbeing	1. Aurelie Litynski Positive Work Culture Expert Founder of Happitude at work GmbH TEDx Speaker Chief Happiness & Wellbeing Officer															
	2. Fangdi Pan Fangdi Pan Strategic partnership manager at Google	1h0min	22:00	13:00	14:00	15:00	16:00	17:00	18:30	20:00	21:00	0:00	7:00	8:00	10:00	Momoe
Open Discussion: Define Wellbeing	All speakers are invited	0h20min	23:00	14:00	15:00	16:00	17:00	18:00	19:30	21:00	22:00	1:00	8:00	9:00	11:00	Jevlin
Break		0h40min	23:20	14:20	15:20	16:20	17:20	18:20	19:50	21:20	22:20	1:20	8:20	9:20	11:20	
Panel : Mental health and Wellbeing	1. Dr. Josephine M. Kim Senior Lecturer at Harvard or Harvard Graduate School of Education															
	2. Dr Sanwita Shaiwalini Wellness Advocate and Geography Faculty at Ranchi University	1h15min	24:00:00	15:00	16:00	17:00	18:00	19:00	20:30	22:00	23:00	2:00	9:00	10:00	12:00	Momoe
Break			25:15	16:15	17:15	18:15	19:15	20:15	21:45	23:15	0:15	3:15	10:15	11:15	13:15	
			20th (Wed)	19th Nov (Tue)				20th Nov (Wed)				19th November (Tue)				

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Panel : Personal Transformation and Wellbeing	1. İlker Çağlayan Foundar of Habit Holistic Transformation Nutrition, Exercise, Mind 2. Ichiro Takahashi Researcher, mentor, retreat leader, musician and Dharma practitioner	1h15min	4:15	19:15	20:15	21:15	22:15	23:15	0:45	2:15	3:15	6:15	13:15	14:15	16:15	Robert
Open Discussion : Make principles of Wellbeing together	All speakers are invited	1h15min	5:30	20:30	21:30	22:30	23:30	0:30	2:00	3:30	4:30	7:30	14:30	15:30	17:30	Momoe
Closing	All speakers are invited	0h15min	6:45	21:45	22:45	23:45	0:45	1:45	3:15	4:45	5:45	8:45	15:45	16:45	18:45	Momoe and Robert
End			7:00	22:00	23:00	0:00	1:00	2:00	3:30	5:00	6:00	9:00	16:00	17:00	19:00	